



Iowa SWITCH Program – Partnership Commitment Form

ISU – Community Campus Partnership for Health



The **Iowa SWITCH program** provides schools with an evidence-based, obesity prevention program designed to help elementary grade students adopt healthy lifestyles. The program honors the original legacy of the SWITCH program (*SWITCH What you Do, View and Chew*), but has been refined and adapted for web-based programming by an outreach program at Iowa State University (ISU).

The IowaSWITCH program is coordinated through an innovative content management system (CMS) that enables schools / school districts to manage and run their own SWITCH program. The interface allows schools to enroll, track and communicate with participants, print customized SWITCH tracking charts and resources, and conveniently manage all steps involved in program implementation (e.g. promotion / communication). The CMS also includes separate administrative levels to facilitate district or regional coordination. The overall project is managed through a participatory network that makes it possible to share information and to refine and improve the programming over time. By working together, we can help ensure that children (and parents) establish healthy lifestyles that decrease risks of overweight later in life. Please review the criteria and sign this Letter of Commitment indicating that you agree to be part of this participatory network (*).

- We understand that the Iowa SWITCH program is a participatory network and that our involvement is voluntary.
- We understand that participating schools will receive a \$250 stipend to assist with this evaluation project but that this funding may not be available in future years.
- We understand that schools are typically expected to pay \$250 to cover costs of web-hosting and programming but that this cost is waived for this evaluation project.
- We agree to appoint a “SWITCH School Coordinator” to ensure that we can provide the necessary administrative support and leadership to run the SWITCH program.
- We agree to the terms of the Technical Service Agreement outlined on the back of the page.
- We agree to complete site surveys about the project and to facilitate the evaluation of the program by parents and children in the schools as part of the evaluation of the Iowa SWITCH Program.

School Name: _____

School Address: _____

School Coordinator (print): _____

Signature: _____

Phone: _____ E-Mail: _____

We look forward to the opportunity to help you launch and support your local **SWITCH programming**. We welcome you into the network and will follow up with you to collect specific information about the grades (4th and/or 5th) and classes that will participate in the SWITCH program (*). Please submit form via email to iowaswitch@gmail.com. An online version is also available at www.physicalactivitylab.org/switch.

Dr. Gregory J. Welk, Ph.D.
Department of Kinesiology – Iowa State University

Visit the SWITCH website at
www.iowaswitch.org

(*) Note: A separate District/Region form is available if multiple schools if used in a specific district or region.

IOWA STATE UNIVERSITY
TECHNICAL SERVICES AGREEMENT – IOWA SWITCH PROGRAM

1. Scope of Work Description

The Iowa State University (ISU) Community Campus Partnership for Health (CCPH) agrees to perform the following Technical Services to assist a school / school district in launching a SWITCH program.

- Create a customized data structure on the web server for the participating school.
- Enroll a site administrator to manage and maintain the customized web-based tool.
- Provide instructions on how to use the web interface to launch and manage a local program.
- Provide electronic files to share guidelines and resources that can help a school / school district to plan and run a SWITCH program.

2. Compensation

~~CUSTOMER agrees to compensate the CCPH group a fixed price amount of \$250 to cover the cost of the web support, server costs, and online resources to run the SWITCH Program in their school. The payment must be made prior to receiving services. Payment should be made by check payable to 'Iowa SWITCH Program' and sent to the Department of Kinesiology, 235 Forker Building, Ames, IA 50011 (c/o Dr. Greg Welk).~~

3. NO WARRANTY

The results of the Technical Services completed under this agreement are believed to be reliable, but no representations, guarantees or warranties of any kind are made as to the accuracy, suitability for particular applications or the results to be obtained. Company should determine independently whether results obtained from the Technical Services completed under this agreement are suitable for the particular use intended by the company.

4. Ownership Rights

The ISU CCPH group retains all rights to the Iowa SWITCH and that program content cannot be used or adopted independently of the Iowa SWITCH. Any improvements of methodology, discoveries, inventions, copyrightable work, equipment, or process developed solely by the CCPH during the course of this service, and which can be used independently of this service, shall be the sole property of the CCPH and Iowa State University.

5. Liability

Each party agrees to accept the responsibility for claims for injury or damage to any person or persons or property that arise solely out of that party's negligent acts or omissions in connection with this service. Each party further agrees that the other party shall not be liable for damages arising solely from injuries or damages sustained by any person or persons or property resulting from its own negligent performance or omission under this Agreement.

6. Nature of Relationship

The ISU CCPH is an independent contractor and shall not act as an agent for CUSTOMER, nor shall the CCPH be deemed to be an employee of CUSTOMER for any purposes whatsoever. The CCPH group shall not enter into any agreement or incur any obligations on CUSTOMER'S behalf, or commit CUSTOMER in any manner without CUSTOMER'S prior written consent.

7. Publicity and Use of Name

The CUSTOMER agrees it will not use, directly or by implication, the name or trademarks of the Iowa State University or the name of any of its employees in any statements, information, publicity or advertising of any nature including endorsements, without the prior written consent of the CCPH.

8. Termination

Either party may terminate this agreement provided the other party receives written notification thirty (30) days prior to the proposed termination date. In the event of termination, ISU CCPH shall be paid for all services completed and non-cancelable obligations incurred prior to the date of termination.

9. Assignment

This agreement may not be assigned or transferred by either party without the prior written consent of the other party.

10. Governing Law

This Agreement shall be governed by the laws of the State of Iowa and any disputes arising under it shall be instituted in the appropriate courts in the State of Iowa.